

LIFEGUARDS

1. Each lifeguard must arrive on time and dress accordingly, lifeguard bathing suit and whistle, Lifeguards must log hours daily after working and keep the daily book up to date with number of bathers and divers. This book is inspected by Beach Trustee and by the Health Department. Any and all incidents requiring First Aid Squad must be written in detail.
2. Beach sign is to be moved to Open at beginning of shift and Closed at end of shift to let members know when lifeguards/beach are open or shut. Gates are to be opened at this time to allow members to park on property.
3. All necessary equipment will be brought from the lifeguard box to the beach area-all equipment is mandatory as per State Beach Code for both the beach area and diving area.
4. First Aid Kits should be checked daily and restocked as necessary. At least 100 bandaids must be available daily. Extra items are kept with the Beach Trustee.
5. Beach must be raked each morning prior to opening the beach to members, flags that are up signify no swimming and no lifeguard on duty. Flags must be taken down to open the water for bathing and put up to close the water when lifeguards are off duty.
6. Geese droppings and garbage must be removed daily. Equipment is in the garage for removal of geese droppings
7. At end of day, please log the number of bathers and divers. This must be done daily. Use R for rain, G for many geese droppings found, H for extremely hot temps.
8. Toys, towels, etc left on the beach must be placed in the lost and found by the deck area
9. Bathrooms are to be opened at beginning of shift and closed by security at end of shift. Port O Johns are available before and after hours.
10. Guards are to be in the lifeguard stands if anyone is in the water, or on surfboard if swimmers are out near the buoys or standing on waters edge.
11. If Far dock is open, 1 lifeguard is to be on a surfboard near the dock, Dock is open-end and closed at the discretion of the guards
12. Absolutely no distractions for the lifeguard on duty, NO texting, eating, cell phones or reading...if members are near or in the water or at waters edge. KEEP small children close to waters edge if unaccompanied by an adult.
13. Diving area is opened and closed at the discretion of the guard on duty. Guard must be in the stand for better view of the water. Control diving boards by alternating who jumps, then swims to ladder, then other board may go
14. Guards will get 30 min of paid lunch, or 60 min of an unpaid lunch hour. Break when need to as guards do work in pairs.
15. 3rd guard shifts will be used and hours will be at the discretion of the Beach Trustee
16. Guards should rotate positions on the beach every 20-30min.
17. At no time, should a guard leave the beach area without proper coverage of their position. If an emergency arises, bathing area must be closed with whistles, removal of all bathers and flags must be put into the upright position.
18. Guards are to assure all members safety and will administer first aid as needed.
19. In the event of rain, guards may wait 1 hour then call a rain day, Beach Trustee will help. Guards should notify the Beach Club supervisor if no lifeguard will be on duty.
20. Notify all members on beach that lifeguards are off duty, 3 whistle blasts, shouting lifeguards off duty and place beach flags up.
21. All equipment is to be put away at end of shift neatly and without sand if possible!
22. AND MORE..as each year new rules from the State or our Board will be in effect.